



**Seaman
Middle School**

PROGRAM GUIDE

2020-2021

Students and Parents:

We hope the Seaman Middle School Guide For Educational Planning will be helpful in many ways. First, we hope that it will assist students and parents at enrollment time. Second, we hope that it will provide a better understanding of the curriculum at SMS. Finally, we hope it will help our staff in focusing on the most important things that we want our students to know and be able to do in each course. This document will be the subject of continuous evaluation by our staff. Students, parents, and members of the community are also welcome to give us input. Information in this publication is accurate as of the date of printing. As we continually evaluate the curriculum at SMS, some changes may occur between printing and the start of the subsequent school year.

The Guide For Educational Planning is divided into two sections. Each section contains a pre-enrollment worksheet, grade-level curriculum, and course descriptions. The first section contains information for seventh graders and the second section contains information for eighth graders.

Please use this information to complete the pre-enrollment worksheet for your next year's grade level. Seventh grade students currently attending Seaman Middle school will be given directions at school on how to enter elective course choices at the PowerSchool website. Incoming seventh graders will return a copy of the pre-enrollment worksheet to their sixth grade teacher and enter the information into the PowerSchool website at their school's computer lab with assistance from a SMS staff member. May your 2020-2021 school year be a meaningful learning experience.

Annie Diederich
Seaman Middle School Principal



Annie Diederich
Principal



Chad Uhler
Assistant Principal
Athletic Director

School Hours & Bell Schedule

Regular School Hours

7:50 am - 3:00 pm

Early Release Schedule

7:50 am - 11:00 am

1st Hour: 7:50-8:36

2nd Hour: 8:40-9:26

3rd Hour: 9:31-10:18 (Announcements)

4th Hour: 10:22-11:08

Viking Time: 11:12-11:36

5th Hour: 11:40-12:55

Lunch

1st Lunch: 11:40-12:05

2nd Lunch: 12:05-12:30

3rd Lunch: 12:30-12:55

6th Hour: 12:59-1:45

7th Hour: 1:49-2:35

Advisory: 2:39-3:00

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Enrollment Info

Incoming seventh graders will utilize the computer lab at their elementary school to enter their elective choices into the PowerSchool.

Elective courses will be entered into the Power School website by each student currently enrolled in the seventh grade at Seaman Middle School. The courses are entered by clicking on the "Class Registration" icon and following the directions on the screen. Students will be informed at school of the time frame when course selection can be completed at the website. Computers will be available at school to complete pre-enrollment selections as needed.

7th Grade Year

English	English	Two Semesters
Math	Mathematics	Two Semesters
Science	Science	Two Semesters
Social Studies	World Geography Kansas History	One Semester One Semester
Exploring Applied Arts	PLTW Design and Modeling Family and Consumer Science	One Semester One Semester
1st Semester Elective	Please write in your elective choice below	One Semester
1st Semester Elective	Please write in your elective choice below	One Semester
2nd Semester Elective	Please write in your elective choice below	One Semester
2nd Semester Elective	Please write in your elective choice below	One Semester

7th Grade Elective Choices

	1st Semester	2nd Semester
1st Choice		
2nd Choice		
Alternate		

8th Grade Year

English	English	Two Semesters
Math	Mathematics	Two Semesters
Science	Earth, Space and Physical Science	Two Semesters
Social Studies	U.S. History	Two Semester
Exploring Applied Arts	PLTW Computer Science	Two Semester
1st Semester Elective	Please write in your elective choice below	One Semester
1st Semester Elective	Please write in your elective choice below	One Semester
2nd Semester Elective	Please write in your elective choice below	One Semester
2nd Semester Elective	Please write in your elective choice below	One Semester

8th Grade Elective Choices

	1st Semester	2nd Semester
1st Choice		
2nd Choice		
Alternate		

ENGLISH LANGUAGE ARTS

Two Semesters

The seventh grade English Language Arts curriculum addresses all aspects of language including literature, writing, and oral communications, which are taught concurrently throughout all units. This course is aligned and tested according to the Kansas College and Career Readiness Standards for Reading and Writing.

Units Covered:

- A. Reading-Informational Text: Students will decipher and clarify the meaning of various informational texts using a range of strategies. Students will focus on analyzing text structures to determine the main ideas and key details.
- B. Reading-Literature: Students will read and comprehend a variety of fictional genres, including short stories, poetry, and novels. Focuses within this unit will include vocabulary acquisition, the use of figurative language and the analysis of underlying themes within each passage.
- C. Speaking and Listening: Students will collaborate with their grade level peers for a variety of speaking and listening activities. The focus will be on analyzing main ideas from a diverse set of media and formats.
- D. Writing: Students will engage in writing activities including argumentative, informative, and narrative pieces. Students will also demonstrate an understanding of the conventions of the English language.

SCIENCE

Two Semesters

In 7th grade science there are three distinct and equally important dimensions to learning science. These dimensions are combined to form each standard—or performance expectation—and each dimension works with the other two to help students build a cohesive understanding of science over time. Dimension one is Crosscutting Concepts which help students explore connections across the four domains of science and develop a coherent and scientifically-based view of the world around them. Dimension two is Science and Engineering Practices describe what scientists do to investigate the natural world and what engineers do to design and build systems. Students engage in practices to build, deepen, and apply their knowledge of science concepts. The third dimension is Disciplinary Core Ideas are the key ideas in science that build on each other as students' progress through grade levels.

Units Covered:

- A. Physical Science: The four physical science topics include: 1) Matter and Its Interactions, 2) Forces and Interactions, 3) Energy, and 4) Waves and Their Applications in Technologies for Information Transfer
- B. Life Science: The five life science topics include: 1) Structure, Function, and Informational Processing, 2) Growth, Development, and Reproduction of Organisms, 3) Matter and Energy in Organisms in Ecosystems, 4) Interdependent Relationships in Ecosystems, and 5) Natural Selection and Adaptations.
- C. Earth and Space Science: The three earth and space science topics include: 1) Earth's Place in the Universe, 2) Earth's Systems, and 3) Earth and Human Activity
- D. Engineering Design: Students will be able to define problems, develop possible solutions, and analyze and improve design.

MATH

Two Semesters

In Grade 7, instructional time will focus on the eight mathematical practices: (1) solve problems and make sense of them all while persevering to solve problems; (2) reason abstractly and quantitatively; (3) construct arguments while positively critiquing others' reasoning and justify their answers; (4) use manipulative and activities to model with mathematics; (5) learn to use mathematics tools strategically to verify their conjectures and to examine mathematical situations; (6) attend to precision throughout various mathematical situations and challenges; (7) look for and make use of structure; and (8) look for patterns and develop formulas.

Units Covered:

- A. Ratios and Proportional Relationships: Analyze proportional relationships and develop strategies to solve real world and mathematical problems.
- B. The Number System: Apply and develop an understanding of rational numbers and operations with rational numbers and their properties.
- C. Expressions and Equations: Use properties of operations to create equivalent expressions. Solve real life mathematical problems using numerical and algebraic expressions and equations.
- D. Geometry: Draw, construct, and describe geometrical figures and describe

the relationships between geometrical figures. Solve real life and mathematical problems involving angles, measurement, perimeter, area, surface area, and volume of two and three-dimensional objects of polygons, cubes, cylinders, and prisms.

- E. Statistics and Probability: Understand experimental and theoretical probabilities. Use random sampling to draw inferences about a population. Draw informal comparative inferences about two populations. Explore chance processes and develop, use, and evaluate probability models.

SOCIAL STUDIES: WORLD GEOGRAPHY

Two Semesters

This course should familiarize students with their world using the five themes of geography. Students will learn about all regions of the world while developing their skills and knowledge about location, place, human/environmental interaction, movement, and regions. Emphasis is placed on the relationships between physical features, natural resources, cultures, and economic and political systems. Maps, graphs, chart productions, and their interpretations are stressed.

As this content is covered, students will focus on the standards of 1) choices have consequences; 2) individuals have rights and responsibilities; 3) societies are shaped by beliefs, ideas, and diversity; 4) societies experience continuity and change over time; and 5) relationships among people, places, ideas, and environments are dynamic.

Units Covered in World Geography:

- A. Physical and Political Geography
- B. Human Geography
- C. The U.S. and Canada
- D. Central America, Caribbean Islands
- E. South America
- F. Western Europe
- G. Eastern Europe
- H. Middle East and North Africa
- I. Africa: South of the Sahara
- J. South Asia
- K. East Asia
- L. Australia, Antarctica, Oceania

SOCIAL STUDIES: KANSAS HISTORY

One Semester

In Kansas History, emphasis is placed on developing a relationship between the student and the state. The course will cover major events, individuals, groups, innovations, and movements during the state's history. The development of Kansas' government and the responsibilities of citizenship are stressed. The students will utilize maps, charts, primary sources, artifacts, and historical readings.

Units Covered in Kansas History:

- A. Early Native Americans
- B. European explorers
- C. Louisiana Purchase
- D. Westward expansion
- E. Territorial period
- F. Civil War
- G. Expansion
- H. overnment and politics
- I. Kansas in the twentieth century
- J. Geography
- K. Economics

FAMILY & CONSUMER SCIENCE

One Semester

Fees: \$7.50

The 7th grade family and consumer science course is a required class that is completed in one semester. Students will learn the components of personal development, the importance of healthy relationships, how to communicate effectively, analyze the impact of personal career and financial decisions.

Units Covered:

- A. Introduction
- B. Personal Development
- C. Real Game-Exploration
- D. Human Sexuality
- E. Life Skills

- F. Junior Achievement
 - G. Miscellaneous Games/Activities
 - H. Introduction to Foods
-

PLTW DESIGN AND MODELING

One Semester

Students apply the design process to solve problems and understand the influence of creativity and innovation in their lives. Using Autodesk design software, students create a virtual image of their designs and produce a portfolio to showcase their innovative solutions.

READING LAB

One Semester or Two Semesters

Reading lab provides support in accuracy, fluency, and/or comprehension based on the specific need of each student. Students are placed in reading lab based on DIBLES and/or CARI scores. Reading lab can be a semester or year long course.

MATH LAB

One Semester or Two Semesters

Math lab provides support in computation and problem solving based on the specific need of each student. Students are placed in math lab based on Math MAP scores. Math lab can be a semester or year long course.

ART

One Semester or Two Semesters

Fees: \$8.50 per semester

This course is for students that want to learn about basic introductory processes, concepts, theories and skills of art. Students will learn the elements of art to be used with various media and techniques. Students will be taught to develop a critical eye and an appreciation and understanding of their artwork, as well as the art of their peers and from important artists of the past and present. Realistic, abstract, and nonrepresentational art will be undertaken in various two-dimensional and three-dimensional forms. Student work will be photographed, edited, and artist statements will be written in order for students to learn how to promote themselves as artists.

BAND

Two Semesters

7th Grade Band – Woodwinds

Band members that play the Flute, Oboe, Clarinet, Bass Clarinet, French Horn, and Saxophone will rehearse together in this class. The 7th grade band curriculum is for students who already have an understanding of basic music reading, instrument assembly and maintenance, correct playing position and good sound production. Instruction includes continued focus on the refinement of tone quality, performance technique, aural skills and music literacy. Select students will have the opportunity to transition to instruments that may not have been offered in previous band experiences.

This class meets daily for both semesters and performs 5 concerts throughout the school year. 7th grade woodwind players will combine with brass and percussionists to practice as a full ensemble before each concert. Opportunities to perform in regional honor bands as well as the SMS Stage Band and Jazz Ensemble will be offered as well.

7th Grade Band – Brass

Band members that play the Trumpet, Trombone, Euphonium/Baritone, and Tuba will rehearse together in this class. The 7th grade band curriculum is for students who already have an understanding of basic music reading, instrument assembly and maintenance, correct playing position and good sound production. Instruction includes continued focus on the refinement of tone quality, performance technique, aural skills and music literacy. Select students will have the opportunity to transition to instruments that may not have been offered in previous band experiences.

This class meets daily for both semesters and performs 5 concerts throughout the school year. 7th grade brass players will combine with woodwinds and percussionists to practice as a full ensemble before each concert. Opportunities to perform in regional honor bands as well as the SMS Stage Band and Jazz Ensemble will be offered as well.

7th Grade Band – Percussion

Students will learn total-percussion techniques on keyboards, battery, and ethnic instruments. They will perform concerts with the 7th grade woodwinds and brass players, as well as within a percussion ensemble setting. Students must have passed the 6th grade percussion audition and participated in 6th grade band.

NATIONAL HISTORY DAY AND UNDERSTANDING SACRIFICE

One or Two Semesters

In this course students will use the National History Day model to explore a major theme in history and master historical researching skills. Students will learn to examine a wide variety of historical sources, both primary and secondary, and evaluate and recognize bias in sources. Critical and creative

thinking skills, cooperative learning, problem solving, and effective communication will be emphasized as students use their research to create a historical paper, exhibit board, documentary, performance, or website. After the National History Day competition in February, students will then take part in an in-depth study of World War I and World War II. During this unit, students will conduct research about a World War II service member as part of National History Day's Silent Hero Project.

CHINESE

One Semester

Chinese is designed to primarily expose the students to the basics of Chinese language and Chinese culture. Students will be expected to demonstrate proficiency in listening, speaking, reading, writing, comprehending common words and expressions in Chinese and make short conversations in Chinese and also experience the culture differences between two different nations. Students are motivated to be more interactive and build more interest and confidence learning this language through various activities.

Units Covered:

- A. Greetings & Expressions of courtesy
- B. Expressions of compliment & mood
- C. Nationality & Self-introduction
- D. Numbers, Ages & Counting
- E. Chinese Pinyin (pronunciation) & Characters Writing
- F. Family
- G. Days & Months
- H. Time & Appointments
- I. Parts of Body
- J. Weather & Seasons
- K. Animals & Zodiac
- L. Fruits & Food
- M. Sports
- N. Chinese Festivals & Holidays

CHORUS

One Semester or Two Semesters

Chorus members are expected to master basic elements of sight singing and musicianship. The group is less oriented toward individualized instruction and development. Ensemble singing, in two to four parts with an emphasis on vocal technique, articulation, and pure vowel across a variety of styles, will provide each student a quality performing experience and a solid basis for future growth and development. Four concerts per year are required, and the students must purchase a uniform.

LITERATURE

One Semester or Two Semesters

Literature is an elective where students will learn about the elements and components of fiction (classic/modern), nonfiction, fables/tales, short stories, and poetry. Students will learn vocabulary, plot, setting, character, conflict, and resolution. Inferential comprehension will be a focus on the analysis of novels studied. Authors, and sub genres are used to guide the independent reading component of the class. Students must enjoy and have a love of reading in general as we explore all genres in literature.

ORCHESTRA

Two Semesters

Orchestra is a musical experience for students who already play violin, viola, cello, or string bass and continues the development of their musical skills and knowledge. Daily class rehearsals involve learning about instrument mechanics, sound production, tuning, scales in various keys, playing technique, and numerous concepts including ensemble techniques in the basic musical elements of rhythm, harmony, melody, and style. Preparation for performances in assemblies and school concerts fosters group skills in listening, respect, awareness, cooperation, diligence, and responsibility.

Units Covered:

- A. Notation, rhythm groupings; key signature
- B. Balance, blend, and proper tone quality
- C. Bowing techniques and fingering techniques from the Baroque to the present
- D. Pitch and ear training

PHYSICAL EDUCATION

One Semester or Two Semesters

Fee: t-shirt fee

Physical education develops physically literate students. Emphasis is on competency in motor skills and movement patterns needed to perform a variety of physical activities. They will apply knowledge of concepts, principles, and strategies related to movement and performance. Students will work toward achieving and maintaining a health-enhancing level of physical activity and fitness. There is also an emphasis on the development of responsible personal and social behavior that respects self and others. Students will recognize the value of physical activity for health, enjoyment, challenge, self-expression and social interaction. The long-range goal for physical education class is for students to have the ability, confidence, and desire to be physically active as an ongoing part of a healthy lifestyle.

Units Covered:

- A. Team and Individual Activities and Sports
- B. Lifetime/Recreational Games
- C. Physical Fitness Activities/Fitnessgram
- D. Strength and Conditioning

INTRODUCTION TO SPANISH

One Semester

Students will be exposed to basic Spanish grammar and vocabulary through both spoken and written language. Learners will reproduce teacher-given sentence patterns for use in real-life scenarios. Songs, cultural references, and other activities will support provided topics. By the end of the semester, students should be able to ask and answer basic Spanish questions, both verbally and written, which would be encountered daily in societal situations.

SPANISH I

Two Semesters

An emphasis will be placed on grammar, vocabulary and oral Spanish. Students will listen to and repeat sentence patterns given by the teacher and practice using Spanish in written, reading, and listening exercises. Students will listen to typical Spanish conversations and practice drills centered around real life situations. Songs, cultural references, videos, and other activities will supplement the text and workbook. By the end of the year, students should be able to carry on short conversations and to write simple sentences in Spanish commonly encountered in societal situations.

CIVICS

One Semester

In this course, students will learn to be active citizens and take part in the democratic process. The historic foundations of United States Constitution will be examined, as well as the political philosophies of America's Founding Fathers. Students will analyze the design and function of the three branches of government and how the branches operate at the national, state, and local level. While learning about the structure of the American political system, students will have the opportunity to lead and take part in community service and civic engagement projects.

Units Covered

- A. Historical Origins of Democratic Government
- B. The United States Constitution
- C. Political Parties
- D. The Three Branches of Government
- E. The Bill of Rights and Amendments to the Constitution
- F. How a Bill Becomes a Law
- G. State and Local Government
- H. Current Events and Comparative Politics
- I. Community Service and Civic Engagement

PLTW AUTOMATION AND ROBOTICS

One Semester

Students trace the history, development, and influence of automation and robotics as they learn about mechanical systems, energy transfer, machine automation, and computer control systems. Students use the VEX Robotics platform to design, build, and program real-world objects such as traffic lights, toll booths, and robotic arms.

ENGLISH

Two Semesters

The eighth grade language arts classes develop the students' skills in reading, writing, grammar, and communication through the study of literature in a variety of short stories, novels, informational texts, and drama. Writing is learned within the context of literature, and the students are exposed to a variety of writing experiences.

Standards learned concurrently throughout the year:

Read, analyze, and comprehend high quality informational text for Grade 8:

- *Key ideas and details
- *Craft and structure
- *Integration of knowledge and ideas
- *Language and its conventions

Read, analyze, and comprehend high quality literature for Grade 8:

- *Key ideas and details
- *Craft and structure
- *Integration of knowledge and ideas
- *Language and its conventions

Write routinely for a range of discipline-specific tasks, purposes, and audiences:

- *Text types and purposes
- *Production and distribution of writing
- *Research to build and present knowledge
- *Language in writing

Communicate effectively in collaborative discussions including:

- *Comprehension and collaboration
- *Presentation of knowledge
- *Language in speaking and listening

MATHEMATICS

Two Semesters

In Grade 8, instructional time will focus on three critical areas: (1) formulating and reasoning about expressions and equations, including modeling an association in two variable data with a linear equation, and solving linear equations and systems of linear equations; (2) grasping the concept of a function and using functions to describe quantitative relationships; (3) analyzing two- and three-dimensional space and figures using distance, angle, similarity, and congruence, and understanding and applying the Pythagorean Theorem.

Concepts that are the basis of our curriculum:

- A. The Number System
- B. Expression and Equations
- C. Functions of Geometry
- D. Statistics and Probability

SCIENCE: E.S.P (EARTH, SPACE, PHYSICAL)

Two Semesters

In 8th grade, students will spend the year learning the fundamentals of physics, chemistry, Earth and Space sciences, and life sciences. Throughout the year the content will be integrated with the engineering practices, experimental design, and "crosscutting concepts" included in the Next Generation Science Standards. The content and outline of 8th grade science is as follows:

- A. Nine weeks of physics - topics include energy, forces, friction, and Newton's 3 Laws of Motion.
- B. Nine weeks of chemistry - topics include atoms, subatomic particles, chemical energy, photosynthesis, cellular respiration, and the carbon cycle.
- C. Nine weeks of Earth and Space Sciences - topics include formation of the Solar System, formation of the Earth, the structure and layering of the Earth, plate tectonics, earthquakes, and volcanoes.
- D. Nine weeks of Life Sciences - topics include genetics, natural selection, and human sexuality. An "opt-out" letter will be sent in the spring if parents or guardians do not want their student participating in the sexual-education portion of the course.

SOCIAL STUDIES: U.S. HISTORY

Two Semesters

8th grade students develop historical thinking skills as they explore American History. Beginning with the Revolution, Constitution, and the early republic, continuing with westward expansion and sectionalism, and culminating with the Civil War and Reconstruction, students will examine primary and secondary sources as they seek answers to compelling questions.

Concepts that are the basis of our curriculum:

- A. Choices have consequences.
- B. Individuals have rights and responsibilities.
- C. Societies are shaped by beliefs, ideas, and diversity.
- D. Societies experience continuity and change over time.
- E. Relationships between people, places, ideas, and environments are dynamic.

PLTW COMPUTER SCIENCE AND APPLICATIONS

Two Semesters

This course exposes students to introductory computer science concepts that will encourage them to analyze situations and develop solutions to problems. We will incorporate two areas of interest: Introduction to Mobile App Development, and an Introduction to Physical Computing by Creating and Making 3D Designs. These two areas will provide students with some basic skills and understanding of computer science that will allow them to be successful in future high school courses.

READING LAB

One Semester or Two Semesters

Reading lab provides support in accuracy, fluency, and/or comprehension based on the specific need of each student. Students are placed in reading lab based on DIBLES and/or CARI scores. Reading lab can be a semester or year long course.

MATH LAB

One Semester or Two Semesters

Math lab provides support in computation and problem solving based on the specific need of each student. Students are placed in math lab based on Math MAP scores. Math lab can be a semester or year long course.

ART

One Semester or Two Semesters

Fee: \$8.50 per semester

This course is for students that want to build on the elements of art they learned in 7th grade and understand and apply the Principles of Design. Art is designed as an exploratory course where basic introductory processes, concepts, theories and skills will be initiated. Students will use various media and techniques. Realistic representation, abstractions and non-representational art will be undertaken in various manifestations of two and three-dimensional forms. The transfer of personal ideas into visual expressions will be underscored. Students will understand art influence in everyday life. Student work will be photographed, edited, and artist statements will be written in order for students to learn how to promote themselves as artists.

BAND

Two Semesters

8th Grade Band – Woodwinds

Students that played the Flute, Oboe, Clarinet, Bass Clarinet, French Horn, and Saxophone in 7th grade will continue their training in the 8th grade Woodwinds class. Band members will work on instrument-specific techniques including embouchure, tone quality, intonation, articulation, rhythmic accuracy, technical facility, and basic music theory using level 2.5-4 wind literature. In addition to the concert band season, 8th grade band members will play at SMS pep rallies, march in the Seaman homecoming parade, participate in a regional concert band festival, and will perform with the SHS Viking Marching Band at a home football game in Seaman Stadium. 8th grade woodwind players will combine with brass and percussionists to practice as a full ensemble before each of our 5 concerts. Opportunities to perform in regional honor bands well as the SMS Jazz Ensemble and Stage Band will be offered as well.

8th Grade Band – Brass

Students that played the Trumpet, Trombone, Euphonium/Baritone, and Tuba in 7th grade will continue their training in the 8th grade Brass class. Band members will work on instrument-specific techniques including embouchure, tone quality, intonation, articulation, rhythmic accuracy, technical facility, and basic music theory using level 2.5-4 wind literature. In addition to the concert band season, 8th grade band members will play at SMS pep rallies, march in the Seaman homecoming parade, participate in a regional concert band festival, and will perform with the SHS Viking Marching Band at a home football game in Seaman Stadium. 8th grade woodwind players will combine with woodwind and percussionists to practice as a full ensemble before each of our 5 concerts. Opportunities to perform in regional honor bands well as the SMS Jazz Ensemble and Stage Band will be offered as well.

8th Grade Band – Percussion

Students will learn advanced percussion techniques through marching percussion, keyboards, battery, and ethnic instruments. They will perform concerts with the 8th grade woodwinds and brass as well as within a percussion ensemble setting. 8th grade percussionists must have participated in 7th grade percussion class.

CHINESE

One Semester

Chinese is designed to primarily expose the students to the basics of Chinese language and Chinese culture. Students will be expected to demonstrate proficiency in listening, speaking, reading, writing, comprehending common words and expressions in Chinese and make short conversations in Chinese and also experience the culture differences between two different nations.

Students are motivated to be more interactive and build more interest and confidence learning this language through various activities.

Units Covered:

- A. Greetings & Expressions of courtesy
- B. Expressions of compliment & mood
- C. Nationality & Self-introduction
- D. Numbers, Ages & Counting
- E. Chinese Pinyin (pronunciation) & Characters Writing
- F. Family
- G. Days & Months
- H. Time & Appointments
- I. Parts of Body
- J. Weather & Seasons
- K. Animals & Zodiac
- L. Fruits & Food
- M. Sports
- N. Chinese Festivals & Holidays

CHORUS

One Semester or Two Semesters

Chorus members are expected to master basic elements of sight singing and musicianship. The group is less oriented toward individualized instruction and development. Ensemble singing, in two to four parts with an emphasis on vocal technique, articulation, and pure vowel across a variety of styles, will provide each student a quality performing experience and a solid basis for future growth and development. Four concerts per year are required, and the students must purchase a uniform.

CREATIVE & DRAMATIC ARTS

One Semester or Two Semesters

Creative and Dramatic Arts is a hands-on course designed to expose students to various forms of communication and theatre, while improving their skills in both areas. Participation in speaking, acting, and theatre experiences form the basis of the course. Students will learn the basics of storytelling, public speaking, demonstrations, fairy tales, monologues, theatre, characterization, auditioning, improvisation and much more. Students will gain confidence in their acting ability through participation in short productions and improvisational activities. Upon completion of the course, students should have a better understanding of effective communication strategies and how modern theatre works.

INTRODUCTION TO INDUSTRIAL TECHNOLOGY

One Semester or Two Semesters

Fee: \$7.50 per semester

An introductory level course designed to instruct students in the basic skills used in the following paths at Seaman High School: Basic Technical Drawing, Basic Wood and Metals Technology, and Engineering Robotics.

Competencies Covered:

- A. Basic Safety: Identify causes of accidents in the lab setting, and ways to prevent them. Demonstrate a working knowledge of safety education around machines, tools, and hazardous materials.
- B. Industrial Math: Add, subtract, multiply, and divide whole numbers, fractions, decimals and percentages. Learn how to read a standard ruler, and tape measure. Demonstrate ability to layout measures on project materials.
- C. Hand Tools: Recognize and identify basic hand tools and their proper uses in the industrial trades. Demonstrate the safe use of common hand tools.
- D. Power Tools: Recognize and identify some basic power tools and their proper uses in the industrial trades. Demonstrate the safe use of common power tools.
- E. Blueprint Reading: Perform the drafting principles needed to develop pictorial sketches and multi-view drawings. Identify basic symbols used in blueprints.
- F. Communication Skills: Interpret information, and follow, instructions presented in both verbal and written form. Communicate effectively in on-the-job situations. Demonstrate knowledge and use of word processing software.
- G. Employability Skills: Create and utilize employment documents such as a resume or portfolio. Understand and respond to performance reviews.
- H. 21st Century/Foundational Skills: Demonstrate critical thinking skills and the ability to solve problems using those skills. Define effective relationship skills. Demonstrate the ability to achieve common goals through teamwork.
- I. Materials Handling: Verify that health, safety, environmental, and

government regulations are met. Recognize hazards and follow safety procedures required for materials handling. Demonstrate ability to load and unload materials properly and safely.

LITERATURE

One Semester or Two Semesters

Students will explore, evaluate and discuss various types of literature and authors. They will understand and use the vocabulary associated with reading.

ORCHESTRA

Two Semesters

String orchestra meets daily for rehearsal. This class performs for many community and school related activities. Occasionally, the class is combined with woodwinds, brass, and percussion instruments to provide a true symphonic orchestral sound.

Units Covered:

- A. Notation, rhythm groupings, key signature
- B. Balance blend, and proper tone quality
- C. Bowing techniques and fingering techniques from the Baroque to the present
- D. Pitch and ear training

NATIONAL HISTORY DAY AND UNDERSTANDING SACRIFICE

One Semester or Two Semesters

In this course students will use the National History Day model to explore a major theme in history and master historical researching skills. Students will learn to examine a wide variety of historical sources, both primary and secondary, and evaluate and recognize bias in sources. Critical and creative thinking skills, cooperative learning, problem solving, and effective communication will be emphasized as students use their research to create a historical paper, exhibit board, documentary, performance, or website. After the National History Day competition in February, students will then take part in an in-depth study of World War I and World War II. During this unit, students will conduct research about a World War II service member as part of National History Day's Silent Hero Project.

INTRODUCTION TO FAMILY AND CONSUMER SCIENCES

One Semester or Two Semesters

In this course instructional time will focus on five critical areas: (1) Importance of Relationships; (2) Child Development; (3) Financial Planning; (4) Nutrition & Wellness; (5) Career Planning. This course is an introductory course for the Human Service Pathway at Seaman High School.

FAMILY & CONSUMER SCIENCE IN ACTION

Two semesters

FACS in Action is an application course. It will provide students the opportunity to apply and demonstrate various FACS skills in every day life. Opportunities to demonstrate FACS skills include: SMS Viking Store Management, community service, modeling healthy social interactions, applied menu planning principles, produce and/or repair textiles, and interpersonal communication that encourages and respects the ideas and perspectives of all group members.

Overall, students will use reasoning processes (individually and collaboratively) to take responsible action in their families, school, and community.

PLTW AUTOMATION AND ROBOTICS

One Semester

Students trace the history, development, and influence of automation and robotics as they learn about mechanical systems, energy transfer, machine automation, and computer control systems. Students use the VEX Robotics platform to design, build, and program real-world objects such as traffic lights, toll booths, and robotic arms.

PHYSICAL EDUCATION

One Semester or Two Semesters

Fee: t-shirt fee

Physical education develops physically literate students. Emphasis is on competency in motor skills and movement patterns needed to perform a variety of physical activities. They will apply knowledge of concepts, principles,

and strategies related to movement and performance. Students will work toward achieving and maintaining a health-enhancing level of physical activity and fitness. There is also an emphasis on the development of responsible personal and social behavior that respects self and others. Students will recognize the value of physical activity for health, enjoyment, challenge, self-expression and social interaction. The long-range goal for physical education class is for students to have the ability, confidence, and desire to be physically active as an ongoing part of a healthy lifestyle.

Units Covered:

- A. Team and Individual Activities and Sports
- B. Lifetime/Recreational Games
- C. Physical Fitness Activities/Fitnessgram
- D. Strength and Conditioning

STRENGTH AND CONDITIONING

Two Semesters

Fee: t-shirt fee

Strength & Conditioning class is recommended for the highly motivated student-athlete. The students will demonstrate a variety of physical fitness components that include muscular and cardiovascular endurance, flexibility and multitude of strength training lifts and techniques with the use of various weight lifting equipment. Students will also demonstrate knowledge of strength training technique, safety requirements and be expected to organize workouts in self-directed and small group settings. The students will demonstrate the proper weightlifting technique in 3 major core lifts: Bench Press, Power & Hang Cleans, Squats. Students will also demonstrate proper use of the Life Fitness training circuit machines as well as the use of cardiovascular equipment that includes treadmills and elliptical equipment.

Units Covered:

- A. Weightlifting
- B. Cardiovascular conditioning
- C. Fitness Gram Testing/Fitness Activities

SPANISH I

Two Semesters

An emphasis will be placed on grammar, vocabulary and oral Spanish. Students will listen to and repeat sentence patterns given by the teacher and practice using Spanish in written, reading, and listening exercises. Students will listen to typical Spanish conversations and practice drills centered around real life situations. Songs, cultural references, videos, and other activities will supplement the text and workbook. By the end of the year, students should be able to carry on short conversations and to write simple sentences in Spanish commonly encountered in societal situations.

CIVICS

One Semester

In this course, students will learn to be active citizens and take part in the democratic process. The historic foundations of United States Constitution will be examined, as well as the political philosophies of America's Founding Fathers. Students will analyze the design and function of the three branches of government and how the branches operate at the national, state, and local level. While learning about the structure of the American political system, students will have the opportunity to lead and take part in community service and civic engagement projects.

Units Covered

- A. Historical Origins of Democratic Government
- B. The United States Constitution
- C. Political Parties
- D. The Three Branches of Government
- E. The Bill of Rights and Amendments to the Constitution
- F. How a Bill Becomes a Law
- G. State and Local Government
- H. Current Events and Comparative Politics
- I. Community Service and Civic Engagement

LIBRARY OR OFFICE AIDE

One Semester

Students may sign up to be an office aide or library aide. Students will be counted on to help with daily operations of the office or library. A limited number of aide positions are available, so some students who make a request will not be chosen.

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